

TABLE 3. Regression of Bedtime Measures on Behavioral Index and School Life (N=8259)

	Behavioral Problem Index		School Life Index	
	b	β	b	β
<i>Control Variables</i>				
Age of Child	-.013***	-.049	.020***	.071
Male (1) vs. Female (0)	.072***	.039	.163**	.847
Black (1) vs. White (0)	-.038	-.015	.048	.018
Mother's Education	-.026***	-.076	-.012**	-.033
Family Income	-.009***	-.072	-.008***	-.054
Number Siblings	.015	.020	.009	.011
<i>Family Structure</i>				
Biological Parents (0) vs. Biological Mother Only (1)	.181***	.078	.115***	.047
vs. Step Parent Families (1)	.251***	.096	.183***	.066
vs. Other Family Types (1)	.156***	.046	.113**	.032
<i>Test Variables</i>				
Weekday Bedtime Variable Bedtime (1) vs. usual Bedtime (0)	.046***	.051	.041**	.044
	.275***	.101	.128***	.044
R ²	.057		.041	

*p<.05 **p<.01 ***p<.001

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