

## Useful Sites for Medieval Diet

[http://www.historylearningsite.co.uk/food\\_and\\_drink\\_in\\_medieval\\_engla.htm](http://www.historylearningsite.co.uk/food_and_drink_in_medieval_engla.htm)

<http://www.medieval-life-and-times.info/medieval-food/medieval-diet.htm>

<http://www.medieval-life.net/food.htm>

<http://www.historyforkids.org/learn/medieval/food/>

<http://www.medieval-period.com/medievalfood.html>

<http://www.medieval-life-and-times.info/medieval-food/index.htm>

[http://public.wsu.edu/~delahoyd/medieval/medieval\\_food.html](http://public.wsu.edu/~delahoyd/medieval/medieval_food.html)

<http://www.livestrong.com/article/439643-health-diet-in-the-middle-ages/>

[http://www.cs.cmu.edu/~pwp/tofi/medieval\\_english\\_ale.html](http://www.cs.cmu.edu/~pwp/tofi/medieval_english_ale.html)

<http://www.medieval-recipes.com/medievalfood/ale.htm>

<http://www.byo.com/stories/article/indices/17-brewing-history/1388-searching-for-medieval-ale>

Books used (talked about in class)

Bennet Bishop and movie The life of Christina Coke