For the curve

$$\mathbf{r}(t) = \langle f(t), g(t), h(t) \rangle, \ a \le t \le b,$$

we have the parametric equations

$$x = f(t), \ y = g(t), \ z = h(t).$$

If the curve is traversed exactly once as t increases from a to b, then the length of the curve is

$$\begin{split} L &= \int_{a}^{b} \sqrt{\frac{dx^{2}}{dt}^{2} + \frac{dy^{2}}{dt}^{2} + \frac{dz^{2}}{dt}^{2}} dt \\ &= \int_{a}^{b} |\mathbf{r}'(t)| dt. \end{split}$$

If $\mathbf{r}(t) = \langle f(t), g(t), h(t) \rangle, a \leq t \leq b$, we define its arc length function s by

$$s(t) = \int_a^t |\mathbf{r}'(u)| du = \int_a^t \sqrt{\frac{dx^2}{du}^2 + \frac{dy^2}{du}^2 + \frac{dz^2}{du}^2} du.$$

s(t) represents the length of the curve traced out by $\mathbf{r}(t)$ from $\mathbf{r}(a)$ to $\mathbf{r}(t)$.

By Fundamental Theorem of Calculus, differentiating

$$s(t) = \int_a^t |\mathbf{r}'(u)| du$$

we find

$$\frac{ds}{dt} = |\mathbf{r'}(t)|.$$

It is often useful to parametrize a curve with respect to arc length because arc length does not depend on a particular coordinate system. If a curve $\mathbf{r}(t)$ is given in terms of a parameter t and s(t) is the arc length function, then we may be able to solve for t as a function of s : t = t(s). Then the curve can be reparametrized in terms of s by substituting for $t : \mathbf{r} = \mathbf{r}(t(s))$.